### **ESC Education**

from Patient-centric education to Patients involvement

Paulus Kirchhof, Chairman of the ESC Education Committee 2018-2020

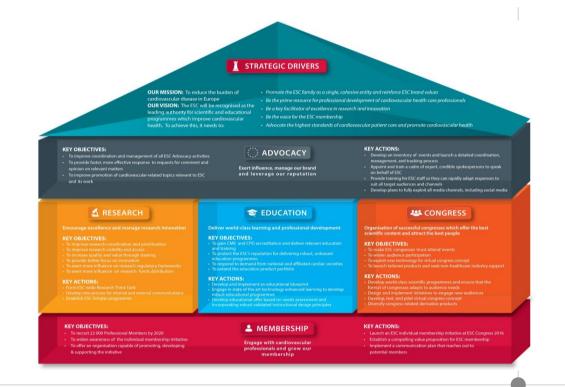
3 October 2018



### **Education at ESC**

ESC
European Society
of Cardiology

- Education is a pillar of ESC Strategic Plan
- ESC's vision in terms of Education is to improve cardiovascular outcomes



#### **ESC Education Committee**



 Oversees educational initiatives to support evidence-based diagnosis and management of cardiovascular diseases by physicians and healthcare professionals



 Decision to appoint patient representatives adhoc, such as scoping of core curriculum, mobile apps developments, etc.

### **Patient education at ESC**



#### Long-standing engagement at ESC

- Heart failure matters available in 10 languages
- Afib matters website available in 9 languages







# In support of integrated care Mobile apps developments



 Supporting both patients and healthcare professionals for better shared-decision making and improved outcomes and patient care

 Patient engagement during MyAF app development





### **ESC Education Conference**



5<sup>th</sup> conference in January 2018 → several patients actively contributed

Very fruitful interactions with the Education Committee, National Directors of

Training, and representaitives of Young Cardiologists



6<sup>th</sup> conference on 30 and 31 January 2019's "Educated healthcare professionals + educated patients = effective shared care"

## **Quality Improvement programmes**toward ever increasing demonstrable outcomes

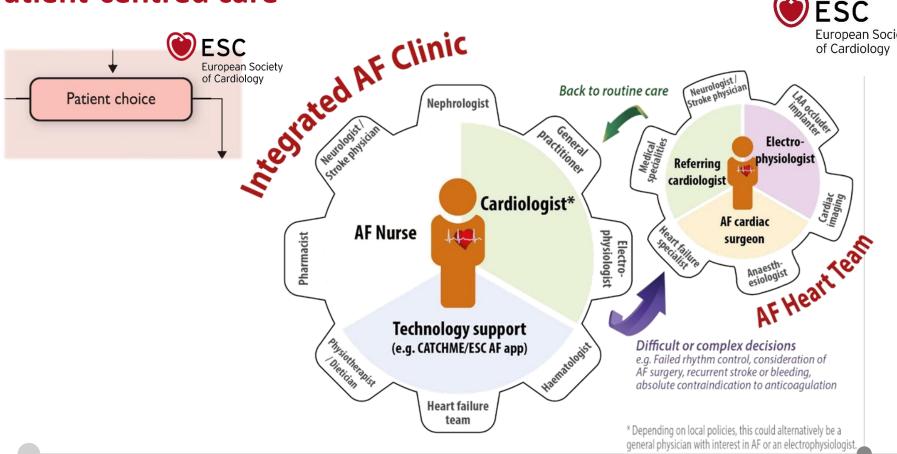


- ESC engages in research programmes, whereby educational interventions are designed to target clearly identified gaps in practice
- Programmes are evaluated using mixed methods, including patients outcomes (end point measures) and behavioural changes (qualitative study)

Example with STEEER AF

### **Patient-centred care**





Kirchhof, Benussi, Kotecha et al: Eur Heart J 2016:37:2893

Kotecha et al: Europace 2018;20:395-407

### **Conclusion**



Thank you!